

DALE BEACH



Awarded European Blue Flag status.

**Shingle beach with a small amount of sand at the far end at
Black Rock.**

A Pontoon.

**It is dog friendly but dogs may only be let off their lead on the
Yacht Club side of the pontoon.**

Lifeguard and safety boat on duty.

**The crabbing is fantastic off the pontoon and you are nearly
guaranteed to catch something. We have spent many hours
sitting on the pontoon with the children.
There are some crabbing lines in the garage but you can buy
them for a few pounds at the café on the front - they even give
free bacon as bait!**

Fishing trips and chartered boats are available. *Andy Truelove* runs them off the pontoon - all equipment is provided and all levels are catered for: from the novice to the experienced sea fisherman.

Prices

**Two hour fishing trips £10 for under 16s, £12.50 for adults
(available April – September).**

**Four hour fishing trips £20 for under 16s, £25 for adults
(available April – September).**

Five hour fishing trips £25 per person (available all year).

Angling and dive charters start from £325 per day (available all year).

All information on trips and prices can be found in the pamphlet provided.

There are lots of water sports you can do on Dale Beach.

***West Wales Wind Surf & Sail* (next to the café on the front) do wind surfing lessons, sailing lessons and catamaran lessons for all ages and all levels of experience. All equipment is provided.**

They also hire out equipment and boats.

You can also hire kayaks or take a tour around Dale Bay with an expert guide.

Please look at the leaflet for more information

DALE VILLAGE



Dale is an unspoilt village in the heart of the Pembrokeshire Coast National Park. The traditional activities of agriculture and fishing still take place and have been joined by tourism as a major aspect of the area. The village is a popular location for family holidays – safe beaches and lots of water-based activities such as sailing, swimming, surfing, kayaking and windsurfing. The area has an abundance of wildlife including birds, seals, dolphins and porpoise. The cliffs and coastal path also provide stunning views and the chance to see a wide variety of beautiful wild flowers. Its location on the long distance path of the Pembrokeshire Coast National Park make the village a centre for walkers and those wishing to explore the offshore islands and their flora and fauna.

The Boat House Café

A family business run by Cath & Tony Parlor, situated on the front and is open from 10am to 5pm (they stop serving hot food from 4.30).

The café has a large menu ranging from snacks to meals and beverages. One of our favorites is the large breakfast, which is great after a morning walk ... but the fresh local crab sandwiches are to die for.

They also sell ice creams and ice lollies. The ice cream is from a local producer, Upton Farm. I can highly recommend Pembrokehire Promise.

They have a small shop for food produce. They sell all the basics you will need and always ask if you can't see what you want as they are very amenable.

There is also a gift shop - a real Aladdin's cave - selling everything from buckets and spades to postcards, guidebooks and gifts. Well worth a look.

Griffin Inn: the village pub

Run by Sian & Simon.

You will need to check on opening times as they change through the season.

The pub is renowned for its fresh fish but it is nice just to call in for a drink - if the weather is good, sit on the wall and watch the world go by. They have two local fishermen who supply them with fish from the bay - you can't get fresher than that!

I recommend that you book as they get very busy. Food-wise I love all the fresh fish why not try something different but you can't beat their fish and chips.

Sample Menu

Calamari (*starter & main*)

Fresh mackerel fillets (*starter & main*)

Scallops

Fish pie

Crab cakes

Local bangers & mash

**Prawn & squid stir fry
Bass & scallop linguine
Spicy king prawn & squid curry
Chicken masala curry
Chilli con carne**

**Fresh bass caught in the bay (*subject to availability*)
Fresh mullet caught in the bay (*subject to availability*)
Fresh flounder caught in the bay (*subject to availability*)
Fresh plaice caught in the bay (*subject to availability*)
Fresh cod/coley caught in the bay (*subject to availability*)
Lobster from the bay (*subject to availability*) and much more...**

**They are a child friendly pub and also do a children menu and
highchair**

Dale Yacht Club

Dinghy racing takes place every Thursday and Sunday during the main season with the Sunday series continuing until late autumn. Junior sailing training sessions take place through the summer. Dale Yacht Club hosts a number of regattas during the year – both its own events and as host for other fleet.

Upstairs is the

Moorings Bar & Restaurant

**Run by chef Adam Birch and his partner Cerianne Jones.
Non members are more than welcome.**

**Food is served Tuesday to Saturday 6pm – 9.30pm and Sunday
12 midday – 8pm.**

The bar is open 7 nights of the week from 5pm.

A lovely dining experience and the views are fantastic. They also have a wonderful delicatessen for a treat to take home.

Sample Menu

Starters

- Pan roasted duck breast with smoked Anglesey sea salt, red onion marmalade, salad leaves £8**
- Tempura Hake with pickled ginger, wasabi mayo and spinach £5**
- Black Olive & Carmarthenshire goats cheese arancini ball with truffle dressing and tomato sorbet £5**
- Parsnip soup with homemade crusty bread and truffle oil £5**

Mains

Clareston farm Tamworth cross pork loin, 48 hour slow cooked pork belly, fondant potatoes, market vegetables and cider jus £14

12oz Clareston Farm Hereford Cross rump steak with triple cooked chips, salad leave, roasted vine tomatoes and pink peppercorn butter £17

Pan roasted salmon fillet with crushed peas, marsh samphire, salsa verdi and Pembrokeshire potatoes £12

Steak and Red wine pie with short crust pastry triple cooked chips and market vegetables £10

Tomato, Perl Las and basil Frittata with pine nuts, green salad and focaccia bread £10

Dessert

- Welsh cheese board with four cheeses, home made chutney, grapes and cheese biscuits £6**
- Cappuccino pannacotta with vanilla ice cream £5**
- Warm chocolate orange tart with vanilla ice cream and caramel basket £5**
- Warm apple crumble with sauce anglaise £5**